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Longridge Towers School



CARPE DIEM

Weekly News Friday 19th January 2018

Art

What is there to see below the sea?



by Teddy



by Elle



by Alexandra



by Cynthia

Senior Cross Country



In what could only be described as tough conditions, ten senior school pupils made their way to Temple Park (South Shields) to compete in the Northumberland County Cross Country Championships after successfully qualifying during their district event in November. Despite the snow that arrived mid competition, the pupils performed gallantly and ensured respectable finishing times in their respective races. A special mention to Oscar who qualified for the North of England regional championships with a 7th place finish in the Intermediate Boys category. Well done to all who competed.

Early Years Foundation Stage



In PE this week, EYFS were experimenting with different ways of traveling and moving. EYFS took advantage of the lovely snowfall on the untouched rugby pitch and had great fun; running, jumping, rolling and sliding in the snow. They also explored pattern making with their feet and bodies, made snow angels and a huge snowman!

Senior Games Lesson

The PE Department opted to utilise the excitement of the snow on Wednesday during Games lessons and used it as a medium to support the teaching of throwing (and catching...) as well as to refine some of the pupils dodging and evasion skills. With a formal indoor option available for pupils who had had their fill of the cold weather, everyone had a great time, as noted by some of the fastest changing times we have ever witnessed.



Boarding

Last week we welcomed two new weekly boarders George and Felix to the boarding family. On Sunday, the boarders headed to Clip 'n Climb climbing wall theme park in Cramlington. After they were given a safety briefing by the venue staff it was straight into action. The boarders had to test their resolve and determination across dozens of challenges - reach new heights on the 'Skyscraper' and take the speed climbing challenge and even dared to tackle the 'Lightning Crack'. Shameek and Carmen had no trouble climbing to the top of the Skyscraper challenge first, whilst Kaitlyn and Beomgi were able to show great agility in the spaghetti climb. Everyone had a great afternoon.



Anne-Marie Trevelyan, MP visits Longridge



On Friday, Longridge welcomed the MP for Berwick, Anne-Marie Trevelyan. Mrs Trevelyan is a British Conservative Party politician, who was elected as the Member of Parliament for Berwick upon Tweed in May 2015 and is serving her second term following last year's general election.

Following a tour of the school by Siobhan and Jesse, a Q & A session was held in the Sixth Form Common Room. It was an excellent opportunity for the Sixth Form students to hear first-hand accounts of the workings of government and what would inspire someone to become a politician; in Anne-Marie's case it was righteous outrage!

Questions ranged from very specific local topics on Berwick Infirmary and the unique nature of the river Tweed (which has its own act of parliament) to grander national issues surrounding the NHS and Britain's part in the space race! It was fascinating to hear how the geography of our part of the world throws up such specific problems in government decisions and requires bespoke solutions.

As ever, our Sixth Form acquitted themselves with charm and took the opportunity to engage fully in the process. For her part, Anne-Marie came across as warm, engaging and genuinely interested to hear our student's voice, it is hoped that all involved took something positive from the experience.

U15 Hockey v Newcastle High School for Girls

Last Tuesday the U15 team travelled to Newcastle to play NHSG. Millie had some fabulous saves and not long into the first half, Nina scored the first goal. In the second half we were caught off our guard and NHSG managed to break through our defence and scored a goal. Sadly towards the end of the game one of our players, Elizabeth was injured. Both teams were distracted by this, however Ally made a clear run and Daisy finished the move by scoring the last goal which meant a 2-1 win. Everyone played really well and player of the match went to Millie. We are pleased to report that Elizabeth is now on the mend.

Adverse Weather

In the event of bad weather, we will post updates on the School Website in the News Section, Facebook and Twitter.

Science

Form 1 is studying plant reproduction this term. In this investigation they are examining the role of water in seed germination. Five identical cups with equal masses of cotton wool then had twenty seeds sprinkled over them and different volumes of water added. The percentage of seeds that germinated was calculated from which conclusions were made.



Oscar Onley – Cycling Assembly



As part of the School's continued drive to support and celebrate the success of pupils sporting accomplishments, on Thursday 11th January, the senior school welcomed an assembly presentation from Oscar Onley (Form 4) regarding his sport of cycling. Pupils were able to hear about Oscar's training regime, drugs and banned substances teaching from the sport, as well as the basic tactics and strategies a cyclist may employ when competing in a velodrome circuit. With an added bonus of seeing Oscar's bike and indoor training wheels, the pupils were left with a greater appreciation of the sport and time and effort required to compete at a regional and national level.

Thank you Oscar for a very informative assembly and if there are any other pupils who would like to share their sporting journey with the school, we would be thrilled to hear from you.

Gymnastics Success



At the prize giving at DC Gymnastics in Berwick on Monday night, Jessica Dodd (J5) won the "gymnast of the year" award in the MyClub category. This was awarded based on her performance and dedication throughout the year. Afterwards she demonstrated her skills on the vault. Jessica was also awarded her Level 1 proficiency award which is the top level possible for primary aged gymnasts. Well done, Jessica!

Medical Advice – Flu

As you are aware, some of the population are suffering from flu at the moment. Flu is spread by germs from coughs and sneezes, which can live on hands and surfaces for 24 hours. Hand gel and tissues should be easily accessible at all times and always ensure that tissues are binned after a single use. Hand washing regularly with soap and water is the best defence. If your child is experiencing any flu like symptoms, please refrain from bringing them to school. Flu is very infectious and easily spread to other people. You're more likely to give it to others in the first 5 days.

Flu symptoms come on very quickly and can include:

A sudden fever – a temperature of 38°C or above, aching body, feeling tired or exhausted, dry chesty cough, sore throat, headache, difficulty sleeping, loss of appetite, diarrhoea or tummy pain and nausea and being sick.



A Blessing of the Salmon Fishing

Conducted by the Rev Robert Kelsey

(Vicar of St Cuthbert's Church Norham)

Taking place at

Pedwell Landing, Norham

(at the bottom of Pedwell Lane)

The **Pedwell Prayer** will be said

at the casting of the first line

Thursday 1st February 2018

8 am

Everyone is very welcome

Enjoy a wee dram after the service

For further information phone Jim Blythe on 01289 382 442

Week commencing 21st January

Sat	20-Jan	<u>Rugby</u> : BRFC v Morpeth (t.b.c)	
Mon	22-Jan	<u>Netball</u> : U16 v Berwick Academy (H)	
Tue	23-Jan	<u>Football</u> : U18, U15 v Berwick Academy (A)	3.00 pm
			Depart: 1.45 pm
			Return: 4.15 pm
		<u>Hockey</u> : U15 v Dame Allan's (A)	3.00 pm
			Depart: 2.20 pm
			Return: 6.30 pm
		Parents' Evening Form 5	5.15 pm
		LTSDA Meeting, Stobo Building	7.00 pm
Wed	24-Jan	<u>Football</u> : U11 A & B v St. Mary's (H)	2.30 pm
		<u>Lacrosse</u> : U13 v Loretto (H)	3.00 pm
		<u>Hockey</u> : U18 v Dunbar	4.15 pm
Thu	25-Jan	Junior Department, Form 1 and 2 "Drop In" Coffee Morning, Concert Room	8.45 am
		<u>Hockey</u> : U11 National Schools Tournament (A, The Parks)	1.00 pm
			Depart: 11.30 am

Fri 26-Jan Junior 3 and Junior 4 Swimming

Forthcoming Dates for your Diary

Tues 23-Jan Parents' Evening Form 5 – Concert Room 5.15 pm

Wed 31-Jan Parents' Evening Form 1 – Concert Room 5.15 pm