

Longridge Towers School

Enrichment Timetable

September - October 2018

# Monday

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## Bronze Duke of Edinburgh (F5 - F5)

Room: S1

Staff: Mrs Cheer & Mr Moscrop

To prepare existing DofE pupils for their qualifying expedition.

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## Cake Icing (F1 - U6)

Room: Art room

Staff: Mrs McCorquodale

Once upon a time Mrs McCorquodale was a cook. The best part of her job was decorating cakes. Come along to the art room and create some magic with icing and probably glue and paint and glitter etc!

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## Filmmaking (F1 - F5)

Room: C1

Staff: Miss Phillips

Plan and create your own short film in and around school. Using research, music, your favorite film or book, a real life experience or even a completely new idea, we will make storyboards, scenarios and scenes. This will lead us into filming and editing your movie just in time for Christmas.

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## Football Training (F1 - F4)

Room: Walled Garden

Staff: Mr Johnston

Mr Johnston invites you to come and join him on the pitch. There will be skills and drills and one or two thrills. No experience necessary, just bring your boots and shin guards.

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## Hockey (F3 - F4)

Room: AstroTurf

Staff: Mrs Shaw

Hockey is a team game played between two teams of eleven players each, using hooked sticks with which the players try to drive a small hard ball towards goals at opposite ends of a field

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## Music Theory (J6 - U6)

Room: Music Room

Staff: Dr Hardy

For those studying music at GCSE or involved with ABRSM music exams.

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## Outdoor golf (F5 - U6)

Room: Goswick golf club

Staff: Mr Pugh

For players with their own set of clubs. The intention is to visit Goswick Golf Club where members can play and non-members can practice. Pupils may need to be picked up from Goswick Golf Club or school afterwards. This will be part of your games option.

Members free but non-members £5.

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## Rocket Car Club (F1 - U6)

Room: DT Workshop

Staff: Mr Westthorp

The Bloodhound SSC is nearing completion and Wing Commander Andy Green will hopefully be setting a new world land speed record next year. Why not pop into the workshop and have a go at making your own small scale version?

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## Study

If you have a long bus-ride home, then why not make a start on your homework? (This is not compulsory and we would recommend that you only take one or two of these sessions per week)

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## The Crucible - Winter Drama Production (F3 - U6)

Room: Chapel

Staff: Dr Dalrymple

Described as 'the ultimate post-truth play', Arthur Miller's 'The Crucible' tells the story of the Salem Witch Trials, a real historical event in which innocent people were executed after being accused of witchcraft. But the play is about much more than simply these events; part wounded love story, and a meditation on honesty and betrayal, the play explores human frailty and presents a vision of humanity at its best - and worst. This enrichment will culminate in a performance later in the Michaelmas term.

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## UCAS (U6 - U6)

Room: S17

Staff: Mr Roney, Mr Davie & Mr Glenn

U6 University entry

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## Under 18 Rugby (F5 - U6)

Room: Cricket pitch

Staff: Mr Skeen

This will be a team training session for the under 18 squad. It follows on from the games lesson to allow for fixtures to take place during this time. Time will also be spent doing some video analysis of matches.

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## Lunchtime Activities

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### Fun with numbers (F1 - F3)

Room: S21

Staff: Mr Pugh

Play games do quizzes, etc. that involve number work.

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### School Orchestra/Band (J5 - U6)

Room: Music Room

Staff: Dr Hardy

For instrumentalists who want to play music with others. There is a limit to the number of drum-kits and pianos that can be involved due to practical restrictions, but other percussion can be included if we are oversubscribed. All other instruments are welcome.

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# Tuesday

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## Archery (J6 - U6)

Room: Sports Hall

Staff: Mr Kendall

Archery is the art, sport, practice or skill of using a bow to shoot arrows. The word comes from the Latin arcus. Historically, archery has been used for hunting and combat. In modern times, it is mainly a competitive sport and recreational activity. A person who participates in archery is typically called an archer.

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## Basic cookery skills (J6 - F1)

Room: F17

Staff: Mrs Cheer

Learn to cook some basic but tasty dishes for taking home for the family to sample!

There will be a small weekly cost for ingredients.

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## Boys Hockey 1 - 3 (F1 - F3)

Room: Back Field

Staff: Mr Dodd

Come and play hockey, learn the game and gain a little fitness too!

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## Building engines and gearboxes (J6 - F1)

Room: Garages

Staff: Mr Mulholland & Mr Bankier

Designed for those that are mechanically minded pupils will, working in groups of three, strip and rebuild the engine from a Ford Ka before moving on to a gearbox

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## Craft Club (F1 - F3)

Room: S23

Staff: Mrs Masey

Relax at the end of the day and learn new skills. Make seasonal gifts for your family and friends.

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## Form 3&4 Boys Rugby (F3 - F4)

Room: Front Field

Staff: Mr Wilkinson

This enrichment is open to any boy in Forms 3&4 who would like to represent the school in the U15 rugby team. You do not necessarily need to have prior experience in rugby, but a willingness to learn, train hard and attend lots of fixtures is a must.

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## L6 EPQ (L6 - L6)

Room: S1

Staff: Mr Rowett

The syllabus requires 30 hours of Taught Skills which will be delivered through these sessions as well as allowing students to complete their logbook and paperwork. These are essential elements of the EPQ course.

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## Mural (F1 - U6)

Room: Art room

Staff: Mrs McCorquodale & Mr Johnson

The Deep Sea mural is looking fantastic in the Boarder's Common Room but there is still some finishing off to do. Come along and add fish, seaweed or sea creatures.

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## Music Composition (F1 - U6)

Room: Music Room

Staff: Dr Hardy

A chance to be inventive using the composition facilities on the Music Room computers. A must for those doing GCSE music.

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## Outdoor golf (F3 - F4)

Room: Goswick golf club

Staff: Mr Pugh

For players with their own set of clubs. The intention is to visit Goswick Golf Club where members can play and non-members can practise. Pupils may need to be picked up from Goswick Golf Club or school afterwards. This will be part of your games option.

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## Rugby Goal Kicking (F1 - U6)

Room: Cricket pitch

Staff: Mr Skeen

Additional goal kicking practice for any kickers in the teams.

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## Study

If you have a long bus-ride home, then why not make a start on your homework? (This is not compulsory and we would recommend that you only take one or two of these sessions per week)

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## Tennis Club (F1 - F2)

Room: AstroTurf

Staff: Mrs Ward

Specialist tennis coaching is available this term. Learn the correct technique for all the tennis shots with Hazel Ward, LTA Coach.

There is a cost of £6 per session.

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## The Crucible - Winter Drama Production (F3 - U6)

Room: Chapel

Staff: Dr Dalrymple

Described as 'the ultimate post-truth play', Arthur Miller's 'The Crucible' tells the story of the Salem Witch Trials, a real historical event in which innocent people were executed after being accused of witchcraft. But the play is about much more than simply these events; part wounded love story, and a meditation on honesty and betrayal, the play explores human frailty and presents a vision of humanity at its best - and worst. This enrichment will culminate in a performance later in the Michaelmas term.

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## UCAS (U6 - U6)

Room: S17

Staff: Mr Roney, Mr Davie & Mr Glenn

U6 University entry

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## Lunchtime Activities

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### FORUM - digest, debate, discuss (F3 - U6)

Room: Concert Room

Staff: Dr Dalrymple

This enrichment is for pupils who want to expand their thinking and explore some of the most challenging questions about human life and the modern world. Explore tricky thinking and complex ideas from the spheres of philosophy, culture, the arts, science, the legal system, and more, we will read, discuss and debate cutting edge ideas, then discuss these in an open forum with invited experts from the field. The first topic will be the medical ethics dilemmas, such as the recent Charlie Gard case, which will be discussed with a Professor of Law and an academic specializing in medical ethics.

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### Fun with numbers (F1 - F3)

Room: S21

Staff: Mr Pugh

Play games, do quizzes etc that involve number work

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### High Voice Choir (J6 - U6)

Room: Music Room

Staff: Dr Hardy

A choir aimed at boys with unchanged voices and girls, singing a range of music in harmony. A must for those having singing lessons in school.

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## Lunchtime Badminton (F1 - F3)

Room: Sports Hall

Staff: Mrs Shaw

Badminton is a sport played using racquets to hit a shuttlecock across a net. This session is for existing team players and is open to new pupils who would like to try out the sport.

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## Soap-box challenge (F2 - F3)

Room: DT Workshop

Staff: Mr Westthorp

Come along and build a soap-box gravity racer. You may have seen the "Red Bull Soap Box Challenge" on Dave? Well, this is your turn to design, make and race your very own car.

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# Wednesday

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## Art Jewellery (F1 - U6)

Room: Art room

Staff: Mrs Johnson & Mrs McCorquodale

Art jewellery emphasises creative expression and design; come along, be inspired, learn new techniques and create (wearable masterpieces/amazing adornments/some other enticing phrase!!) using a variety of fascinating materials.

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## Beekeeping club (F1 - L6)

Room: DT Workshop

Staff: Mr Westthorp & Mr Henfrey

Would you like to help to set up a Longridge Towers Apiary? We will be learning about the different varieties of bee, the different types of beehive and perhaps most importantly, how to harvest the honey. We will design and make our own hives in the DT workshop.

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## Boys Hockey Forms 4-6 (F4 - U6)

Room: AstroTurf

Staff: Mr Dodd

A chance for the boys to come and play hockey and to enjoy the sport

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## VR Experience (F2 - U6)

Room: Dining room

Staff: Mr McCarter

Enter and explore a new realm or try your hand at a new sport with a virtual reality headset.

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## Form 1&2 Boys Rugby (F1 - F2)

Room: Front Field

Staff: Mr Wilkinson

This enrichment is open to any boy in Forms 1&2 who would like to represent the school in the U13 boys rugby team. You do not necessarily need to have prior experience playing rugby, but a motivation to learn, train hard and attend lots of fixtures is a must.

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## French Trip (F1 - F4)

Room: Concert Room

Staff: Mrs Mayhew

Linda Bankier has offered to help run a series of sessions on the background to the historical aspect of the French trip to Northern France and Belgium. Recommended for all pupils taking part in the trip.

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## Inspired! (F1 - U6)

Room: Music Room

Staff: Dr Hardy

Write and record an original song under the leadership of Iain Petrie. Iain is a musician/songwriter/recording engineer and he has run many similar courses for young people in and around Berwick, and some of the participants have gone on to study music at an advanced level at University.

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## Magic Club (J6 - F5)

Room: C1

Staff: Dr Dalrymple

Learn how to amaze your friends and family with a range of impressive magic tricks. From close-up sleight of hand, through to larger scale stage magic, this enrichment will build towards a performance featuring you as the star magician!

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## Study

If you have a long bus-ride home, then why not make a start on your homework? (This is not compulsory and we would recommend that you only take one or two of these sessions per week)

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## U13 Compulsory PE Session (F1 - F2)

Room: AstroTurf

Staff: Mrs Young & Mrs Peters

This compulsory U13 Girls Games enrichment will run to train teams and prepare others for fixtures. The girls will work on skills, drills and tactics for the game. In the first term the focus will be on Hockey and this will change over the year depending on which sport we are doing fixtures on. On the dark evening and extremely bad weather days the focus will be classroom based looking at game play, rules and analyzing matches.

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## U6 EPQ (U6 - U6)

Room: S1

Staff: Mr Rowett

EPQ students need to gather 30 hours of taught skills, complete their logbook and other paperwork and prepare their final presentations. This is a compulsory part of the EPQ course and all U6 should attend.

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## Lunchtime Activities

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### Mixed Voice Choir (F1 - U6)

Room: Music Room

Staff: Dr Hardy

A chance to enjoy singing for everyone in the school. Any voice, any ability most welcome.

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### Senior Hockey Fitness and Conditioning Session (F5 - U6)

Room: Sports Hall

Staff: Mrs Peters

Improve your fitness for hockey - all U18 Hockey squad members expected to attend.

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### The Crucible - Winter Drama Production (F3 - U6)

Room: Chapel

Staff: Dr Dalrymple

Described as 'the ultimate post-truth play', Arthur Miller's 'The Crucible' tells the story of the Salem Witch Trials, a real historical event in which innocent people were executed after being accused of witchcraft. But the play is about much more than simply these events; part wounded love story, and a meditation on honesty and betrayal, the play explores human frailty and presents a vision of humanity at its best - and worst. This enrichment will culminate in a performance later in the Michaelmas term.

# Thursday

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## Badminton (F4 - U6)

Room: Sports Hall

Staff: Mrs Shaw

Badminton is a sport played using racquets to hit a shuttlecock across a net. This session is for existing team players and is highly recommended for GCSE pupils taking Sports Studies.

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## Berwick Parish Church Choir Practice (J5 - U6)

Room: Music Room

Staff: Dr Hardy

Singing joyful music from Berwick Parish Church under the guidance of their Director of Music, Mr Enticknap.

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## Card games (F1 - F3)

Room: F17

Staff: Mrs Cheer

Learn to play some simple but fun card games with a standard pack of cards.

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## Film Club (F1 - U6)

Room: G1

Staff: Mr Dempster

Sit back and take in a movie, courtesy of Mr Dempster.

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## Filmmaking (F1 - F5)

Room: C1

Staff: Miss Phillips

Plan and create your own short film in and around school. Using research, music, your favorite film or book, a real life experience or even a completely new idea, we will make storyboards, scenarios and scenes. This will lead us into filming and editing your movie just in time for Christmas.

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## Girls running/fitness (F1 - U6)

Room: Courtyard

Staff: Miss McCalvey

Running is a fantastic workout for the heart and lungs. You may think it's only for the athletes, but you can run at different speeds and over any distance so it's suitable for all abilities and levels of fitness. So put your trainers on and join Miss McCalvey.

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## Languages Challenge - Linguistics Olympiad (F1 - U6)

Room: B3

Staff: Mrs Westthorp

Do you enjoy problem solving and logic puzzles? United Kingdom Linguistics Olympiad is a competition, like the Mathematical Olympiad or the National Cipher Challenge, for students who are still at school – any age, any ability level; but unlike other competitions, our competitors have to solve linguistic data problems. If you want to have a go, come along to this enrichment.

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## Quiz Time (F1 - U6)

Room: S1

Staff: Mr Rowett

A chance to enjoy a range of quizzes ranging from superheroes to supercars, flags to flowers, and capital cities to current events. There are small prizes for the winning teams and everyone has the chance to test their brains while not taking the results too seriously. It is also a very good way of preparing for the Inter-House Quiz.

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## Study

If you have a long bus-ride home, then why not make a start on your homework? (This is not compulsory and we would recommend that you only take one or two of these sessions per week)

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## UCAS (U6 - U6)

Room: S17

Staff: Mr Roney, Mr Davie & Mr Glenn

U6 University entry

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## Yoga/Pilates (J6 - U6)

Room: Chapel

Staff: Mrs Whitcombe

An introduction to these popular fitness and relaxation techniques.

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## Lunchtime Activities

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### Maths Challenge (F1 - U6)

Room: G12

Staff: Mr Davie

The Mathematical Challenges aim to stimulate mathematical problem-solving.

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### Photography (F1 - U6)

Room: G12

Staff: Mr Dodd

Take pictures and learn about the functions of your camera. You **MUST** have a DSLR camera that you are willing to bring into school to take part in this activity

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### Young Engineer Club (F1 - L6)

Room: DT Workshop

Staff: Mr Westthorp

The workshop is yours, Mr Westthorp is on hand to help but what you make is up to you. So bring a head full of ideas and a pencil to jot them down.

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# Friday

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## House Choir (Home) (F1 - U6)

Room: Concert Room

Staff: Mr Westthorp & Mr Dodd

Preparation for the Home House Choir entry into the Inter-House Music competition. Come and join us for a little disco inferno and YMCA!

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## House Choir (Jerningham) (F1 - U6)

Room: Chapel

Staff: Mrs Cheer

The House Music Competition will take place this half term and the House Choir session is where everybody in the House can contribute! Pupils who are unable to take part should provide a parental letter with the reason for their excusal.

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## House Choir (Stobo) (F1 - U6)

Room: Concert Room

Staff: Mr Dempster & Dr Hardy

The House Music Competition will take place this half term and the House Choir session is where everybody in the House can contribute! Pupils who are unable to take part should provide a parental letter with the reason for their excusal.

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## Lunchtime Activities

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### Netball (F5 - U6)

Room: Sports Hall

Staff: Mrs Peters

Netball is a ball sport played by two teams of seven players. Its development, derived from early versions of basketball, began in England in the 1890s. Games are played on a rectangular court with raised goal rings at each end. Each team attempts to score goals by passing a ball down the court and shooting it through its goal ring. Players are assigned specific positions, which define their roles within the team and restrict their movement to certain areas of the court. During general play, a player with the ball can hold on to it for only three seconds before shooting for a goal or passing to another player. The winning team is the one that scores the most goals. Netball games are 60 minutes long.

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