

DRESS *to* ~~IMPRESS~~ EXPRESS



On Wednesday get up and dress head to toe in bright colours.
Maybe style your hair differently? Wear odd socks or shoes
that don't match!

Our lives are full of colour and we can use colour to help make
sense of how we're feeling, who we are and the world we live in.

You could wear your favourite colour or wear a range of colours
that express how you're feeling.

Colour can be very personal and mean different things to
different people, so this is a great opportunity to encourage
self-expression and celebrate a diverse range of emotions.

Talk about what you have chosen to wear and why.